

**The house bar**  
**Alston House, Townfoot, Alston, CA9 3RN**  
**01434 382200**

***Welcome to our website A la carte Menu which is available in the bar or restaurant each evening from 6.00 p.m. - 9.00 p.m.***

***As we use fresh seasonal produce our menu does change from time to time, so we would advise calling us before setting off to avoid disappointment should there be a particular dish you are intending to order.***

***We also have a selection of delicious meals on our specials board.***

***At Alston House we do not buy ready meals everything on the a la carte menu is cooked fresh to order using locally sourced products so there maybe an amount of waiting time especially during busy times- so just sit back and relax and we will be as quick as we can.***

***Our restaurant does get busy, in particular on Summer weekends, so we would advise booking a table, just call us on 01430 382200.***

***We do not include a service charge in our prices, leaving this to your discretion***

***Please also note that the restaurant is closed on Monday evenings during the winter months.***

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**On arrival**

**Everyone dining receives complementary organic home cooked bread with their meal  
(excluding those dining from our pizza and pasta meals)**

**Starters**

|  |              |
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| <i>Homemade soup of the day</i>  | <b>£4.00</b> |
| <i>Grilled goats cheese on a bed of mixed leaf salad with roasted red pepper dressing</i>          | <b>£5.05</b> |
| <i>Alston House prawn cocktail served with Marie Rose sauce with brown bread and butter</i>        | <b>£5.30</b> |
| <i>Sautéed salmon &amp; crab prawn and haddock fishcakes on mixed leaf salad with chilli sauce</i> | <b>£5.50</b> |
| <i>Homemade chicken liver pate served with homemade red onion marmalade and toast</i>              | <b>£5.05</b> |
| <i>Garlic Field mushrooms in a cream sauce topped with or without cheese</i>                       | <b>£5.05</b> |
| <i>Potato cakes with onion and smoked cheese with a side of pea puree</i>                          | <b>£5.30</b> |

**See specials board for additional dishes**

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## **Mains**

**8 oz Cumbrian Fillet steak cooked to your liking with onion rings, mushrooms, tomato, peas and chunky chips** £18.50

**Add a jug of  
Red peppercorns, brandy and cream sauce  
Mushroom and port sauce  
Stilton and cream sauce for £2.50**

**8oz Cumbrian Fillet steak cooked to your liking with your choice of red peppercorns, brandy and cream sauce, or mushroom and port sauce or stilton and cream sauce served with new potatoes and seasonal vegetables** £18.50

**10 oz Rib eye steak cooked to your liking with onion rings, mushrooms, tomatoes, peas, chunky chips** £16.50

**Homemade roasted vegetable and goat's cheese lasagne served with side salad and garlic bread** £8.95

**Homemade Beef lasagne served with side salad and garlic bread** £8.95

**Homemade Cumbrian steak and local ale pie with chunky chips and peas** £9.95

**King prawns in Thai curry sauce served with wild basmati rice** £13.50

**Pan-fried Fillet of sea bass on garlic new potatoes with lemon butter and fresh greens** £12.75

**Full Rack of barbecue ribs with salad, coleslaw and thin chips** £12.75

**Cumbrian Lamb shoulder served on mash with minted gravy and buttered vegetables (subject to availability)** £12.75

**Half duckling served with orange, honey and ginger sauce, accompanied with new potatoes and seasonal vegetables** £13.50

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**Children's Menu**

**We welcome children into Alston House, we have a selection of toys and games and a large mostly enclosed garden for the kids to run around.**

**High chairs are available.**

**Half portions of most main dishes are available at half size and half price.**

**Steaks cannot be halved unless there are two children dining together.**

**We will also try hard to make our food to our junior diners most exacting requirements just tell us...**

**We also can offer;**

|  |              |
|--|--------------|
| <b>Fish Fingers and chips, peas or beans</b>               | <b>£4.00</b> |
| <b>Beans on toast</b>                                      | <b>£2.50</b> |
| <b>Cheese on toast</b>                                     | <b>£3.50</b> |
| <b>Alston Sausage with chips or mash and beans or peas</b> | <b>£4.25</b> |
| <b>Jacket potato with butter</b>                           | <b>£3.25</b> |

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## **Dessert Menu**

|   |              |
|---|--------------|
| <b><i>Sticky toffee pudding with Movenpick vanilla ice-cream</i></b>  | <b>£4.75</b> |
| <b><i>Chefs special Apple crumble served with custard</i></b>   | <b>£4.75</b> |
| <b><i>Fresh fruit salad served with or without cream</i></b>  | <b>£4.75</b> |
| <b><i>Local cheeses and biscuits, (usually Smoked Cumberland Farmhouse, Blengdale Blue and Cumberland Farmhouse (Subject to availability)</i></b> | <b>£5.95</b> |
| <b><i>Movenpick ice cream per scoop<br/>Choose from Vanilla, chocolate and strawberry</i></b>   | <b>£1.85</b> |
| <b><i>Crème Brûlée of the day</i></b>   | <b>£4.75</b> |
| <b><i>Banoffee pie- layers of biscuit, bananas, chocolate and cream</i></b>   | <b>£4.75</b> |
| <b><i>Chocolate Brownie with hot fudge sauce and vanilla icecream</i></b>   | <b>£4.75</b> |
| <b><i>Profiteroles and warm chocolate sauce</i></b>   | <b>£4.75</b> |

***All our sweets are homemade on the premises  
you don't get them anywhere else!***

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**Coffees and after dinner drinks**

**Delicious Liqueur coffees to finish your meal, choose any liquor** £4.30  
**Filter coffee and mint** £2.00  
**Cappuccino single shot** £2.25  
**Espresso (single shot)** £1.80  
**Espresso (double shot)** £2.00  
**Latte double shot, £2.50**

**We have a selection of teas, English, Earl Grey, Camomile,  
fruit teas and others; just ask us for your preference.** £1.30

**We also have decaffeinated coffee or tea available if you prefer this.**